



THE VIRGINIA SOCIETY
FOR POST-ACUTE AND
LONG-TERM CARE
MEDICINE

Excellence in Long-Term Care

2023 Annual Conference

Saturday, September 16, 2023, 7 am to 4:30 pm

Hilton Oceanside, Virginia Beach, VA

Time	Speaker	Topic
7:00 – 8:00 am	Exhibit Hall	Registration & Exhibitors
7:45 am	Exhibit Hall	Exhibit Hall Announcement / Raffle
8:00 – 8:15 am	Verna Sellers, MD, CMD Christian Bergman, MD, CMD	Welcome Annual Conference Introduction
8:15 – 9:15 am	Alex Bardakh, MPP, CAE	AMDA – Public Policy Update
9:15 – 10:15 am	Milta O. Little, DO, CMD	It's not a nursing home! The past, present, and future of care delivery in assisted living
10:15 – 10:45 am	Exhibit Hall	Morning Break
10:45 – 11:45 am	Alexandria Hill, DNP	Medical Cannabis: What, When, Why, and How
11:45 am – 12:00 pm	Business Meeting	VAMDA All Member Business Meeting
12:00 – 12:45 pm	Lunch	
12:45 – 1:45 pm	Kelsey M. Johnson, MD	Geriatric Depression: Treatment and Recommendations
1:45 – 2:45 pm	Megan Lemay, MD	Alcohol and Opioid Use Disorders: Assessment, Diagnosis, and Treatment
2:45 – 3:00 pm	Exhibit Hall	Afternoon Break
3:00 – 3:15 pm	Exhibit Hall	Exhibit Hall Announcement / Raffle
3:15 – 4:15 pm	Luz Ramos-Bonner, MD, MBA	QAPI 2023: What Medical Directors Should Start, Stop and Continue
4:15 – 4:30 pm	Exhibit Hall	Exhibitor Bingo Winner Announcement
4:30 pm	Verna Sellers, MD, CMD	Closing Remarks & Adjournment

**Speakers, Times, and Topics Subject to Change

Register for Conference here: <https://vapaltc.org/>